



## Joggin Your Noggin: Fun and Challenging Word Games for Seniors

By Mary Randolph MS

Noggin Joggin Books, United States, 2012. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Joggin Your Noggin series of word games is aimed at improving the lives of people struggling with dementia. Unlike many Alzheimer s activities books directed to caregivers, Joggin Your Noggin is designed to be completed by a person in mild to moderate stages, independently or with some support. Written by a Speech-Language Pathologist, the games offer an opportunity not only for fun, entertainment, and a sense of accomplishment, but also for essential mental stimulation. Complete the Song Title, Name the Opposite, Picture the Description, and Fill in the Blank are but a few examples. When shared with caregivers, family or friends, meaningful interaction is automatic. Individual questions provide a springboard to reminisce about fond memories and create moments of shared joy. Activities Directors and Recreation Therapists will find a wealth of ready-made content to incorporate into group activities. The level of difficulty, based on vocabulary, varies from the simplest in Volume I to the most advanced in Volume IV. Answers are readily accessible on the following page or at the back of the book. Each...



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