



## Be the Lead Dog: 7 Life-Changing Lessons Taught by Sled Dogs

By Liz Parrish, Barbara Schaefer

Life Through Dogs Llc, United States, 2010. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book. Brought to you by renowned mushers, speakers and entrepreneurs Liz Parrish and Barb Schaefer, *Be the Lead Dog* lays out the foundational lessons you need to be your best. Use these strategies and tips to achieve your full potential in leadership, teambuilding, communications and life! Decades of training, racing and being guided by their champion dogs have given Liz and Barb a wealth of experience from which to draw their insider secrets of the relationship of sled dogs and their people, and how those can be applied to everyday life. This knowledge and insight is crucial to understand and implement what it takes to accomplish your goals in every facet of your professional and personal spheres. Through their stories, explanations and action tips, they lay out a powerful and inspiring case for utilizing the empowering life lessons taught by their sled dogs. This easily digested yet profound book also references additional educational and practical materials on the website included.



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